

COMMUNITY RESOURCES

Overall Support and Information

- **United Way** has a number to access to find a number of different types of resources (housing, mental health, childcare, etc, Call 211 or 651-291-0211 (available 24/7) [United Way 211](#)
- **COVID - Community Economic Relief Fund** - They will help with bills, rent and food. You can call 1-866-211-9966 and provide zip code and will be given a list of local agencies to provide assistance.
- **YMCA Youth Resource Line** is for youth and young adults facing homelessness, eviction, unemployment and more during this community crisis. The YMCA Youth Resource Line is a free and available for youth and young adults ages 12-24. Call 763-493-3052
- **Community Resources Guide:**
https://multilingual.mpls.k12.mn.us/uploads/family_engagement_community_resource_guide_2.pdf
- **Hennepin County Resource List:**
<https://www.caphennepin.org/community-resources/>
- **Hennepin County Youth Resource List:**
<https://www.hennepin.us/residents/human-services/resources-youth>

Food Resources

- [Food Pantry Resources](#)
- [Free Meals for Youth ages 0-18](#): Beginning Tuesday, March 17 kids can pick up meals at a school in their community from 10am-2pm whether they are enrolled there or not. Families can check the websites of school districts closest to them to check which are providing meals. MPS Meal Distribution Sites are listed here: https://health.mpls.k12.mn.us/meal_sites. Youth must be present – meals will not be given to adults.
- [City of Minneapolis website for food shelves, state resources, updates on the city response.](#)
- [Citypages: Restaurants Providing Free Kids Meals During School Closures](#)
- [KSTP: List of Restaurants Providing Free Kids Meals During School Closures](#)

Childcare

- MPS has childcare services for emergency/health professionals: Email: mpls.kids@mpls.k12.mn.us or call 612.806.1602.
- YMCA has opened childcare for essential employees and critical workers. Space is limited, [register here](#).

Mental Health Resources

- **If you are in a mental health crisis call the 24/7 Hennepin County Child Crisis Line at 612-348-2233 (for kids under 17 years old). If you are over 18 call 612-596-1223. If it is an emergency dial 911.**
- Hennepin County Front Door 612-348-4111
- Suicidal Ideation/Crisis Text Line: MN to 741741 or dial 612-873-2222
- Disaster Distress Helpline SAMHSA's Disaster Distress Helpline provides 24/7, 365-day-a-year crisis counseling and support to people experiencing emotional distress related to natural or human-caused disasters. Call 1-800-985-5990 or text TalkWithUs to 66746 to connect with a trained crisis counselor.
- **Mental health support line: 612-767-4158** MPS has partnered with Watercourse Counseling Center to create a telephone support line for our school community. The support line is available from **9 am to 5 pm, Monday to Friday**. There will be support for multiple languages. **Call 612-767-4158**. The service will link students, families and staff to a therapist and other resources. Additional information can [be found on this MPS webpage](#).

General Health

- MDH COVID 19 Hotlines (7AM to 7PM daily): School and child care questions (651.297.1304 or 1800.657.3504) or Health questions (651.201.3920 or 1800.657.3903)
- **[MNSURE Special Enrollment Period](#)** open now through April 30th to access healthcareHealth Care for the Homeless 612-348-5553 (Call for clinic locations and times)
- Dental Care

- Sharing & Caring Hands 612-596-3463

Shelter/Housing

- **Eviction Prevention Efforts: HUD/FHA: foreclosure and eviction moratorium for single family homeowners with FHA mortgages for next 60 days (effective March 18, 2020)**
- **Stephen's Human Services**, which offers shelter, housing, and resources for those who are experiencing homelessness. Main Office: 2309 Nicollet Avenue | Minneapolis MN 55404 612-874-0311 | ststephensmpls.org
- **Shelter Hotline- 1-888-234-1329**
- **The Bridge for Youth** 612-377-8800 2200 Emerson Ave S
- **YouthLink** 612-252-1200 41 N 12th St
- **Hennepin County Shelter Team** 612-348-9410
- **After-Hours Shelter Team** 651-291-0211

Showers and Meals

- Catholic Charities Opportunity Center- 740 E 17th St; 612-204-8300; Hours: Monday- Saturday: Showers/laundry (8:00–10:30 am; get ticket for shower between 7-8 am); breakfast (7:00–8:00 am); lunch (11:30 am–12:30 pm)
- Sharing & Caring Hand-612-338-4640; 525 N 7th St; Meals: Mon-Thurs 10:00 am, 12:00 pm and 3:00 pm; Sat–Sun 9:30 am and 11:00 am; Showers: Mon-Thur 10:30–11:30 am and 1:30-2:30 pm
- Loaves & Fishes- 612-871-2981; 2123 Clinton Ave S; Dinner: Monday–Friday 5:30-6:30 pm
- House of Charity- 612-594-2000; Meals (714 Park Ave): Women & children M-F 8:30-9:00 am; Everyone: Seven days a week from 12:00-1:00 pm; Showers (510 S 8th St): Mon-Fri 9 am–1 pm

Domestic Violence

- Hennepin County Front Door 612-348-4111
- MN Domestic Violence Hotline 612-348-3552

Child Abuse

- If a child is in immediate danger, call 911.

- Hennepin County Child Abuse Hotline: 612-348-3552

Unemployment information:

- You can find general information about applying for unemployment for those that the COVID-19 virus has impacted at <https://mn.gov/uimn/applicants/needtoknow/news-updates/covid-19.jsp> *Note: They are asking everyone to apply online. Online applications will be processed first!!!*
- **Link for Online Application:**
https://www1.uimn.org/ui_applicant/applicant/login.do
- **Emergency Assistance-** While Human Resource Centers are closed, they are still accepting application for EA. Families can apply by:
 - Calling and getting an application mailed to them 612-596-1900
 - Submitting an online application

Internet

- Two months of free internet through Comcast www.internetessentials.com. The accessible website also includes the option to video chat with customer service agents in American Sign Language. There are two dedicated phone numbers 1-855-846-8376 for English and 1-855-765-6995 for Spanish.
- [**City of Minneapolis is providing free Wifi for those who may need temporary service**](#)
- Spectrum offers two months of free internet. Call 1-844-488-8398 or 844-488-8395
- [**Internet Essentials from Comcast to Low-Income Families**](#)